

# National Autism Trainer Programme (NATP) – training roadmap

A train the trainer programme, commissioned by NHS England and delivered by Anna Freud and AT-Autism between 2023-2025

Is this training for me?

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Find training dates for your work setting and book your free place at least one week in advance.

Book the training that corresponds to the setting you work in:  
[Book training here](#)

HOW DO I BOOK?

4 DAYS  
09:00 – 17:00  
OVER  
4 WEEKS

You will attend a **four-day training** (on the same day) across four weeks. You must attend all training days and complete all reflection questionnaires to qualify as a NATP Trainer and gain access to the full multimedia e-library of educational material that you will use to co-deliver the training in your work setting. There is an optional fifth day of training available to help you prepare for co-delivery.

The training is for **NHS professionals** across England working in:

- adult and children and young people inpatient mental health hospitals
- all age community mental health settings, including CAMHS

Training is also available for **staff working in**:

- residential special schools and colleges
- secure welfare and youth justice settings

How do I book?

2

Pre-training

3

Training

4

CONGRATULATIONS!

You are now a NATP Trainer! You will be **supported** to co-deliver the training with autistic Experts by Experience in your own work setting. At least once per year you will be expected to deliver a **three-day training** which can be structured and contextualised according to the needs of your work setting.

You will receive joining instructions and access to our **online platforms** (Blackboard and POD). You must complete a pre-training questionnaire before you attend day one of training.

Community of practice

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You will be invited to our **community of practice** to develop your training practice and **join a network of thousands of NHS professionals** who are working to improve outcomes for diagnosed and undiagnosed autistic people.

Co-delivering training

6

CO-DELIVER TRAINING +3 TRAINING DAYS A YEAR

EXPERTS by EXPERIENCE

Ongoing support

7

You will receive free ongoing support via specialised **seminars**, **community of practice sessions** and training materials, to embed the programme and network with other NHS Trainers. You can also book additional 1-1 support meetings with the NATP Programme Directors.

COMMUNITY of PRACTICE

▶ Watch training video  
E: [natp@annafreud.org](mailto:natp@annafreud.org)  
[annafreud.org/natp](http://annafreud.org/natp)  
#NATPmentalhealth

A partnership of

Anna Freud AT-Autism

Commissioned by

NHS